

## **Results of the III Interregional Scientific and Educational Congress of Cardiology and Internal Medicine (Saransk)**

The III Interregional Scientific and Educational Congress of Cardiology and Internal Medicine was held in Saransk on November 28–29, 2017. The congress was supervised by the Ministry of Healthcare of the Russian Federation, Russia President Plenipotentiary Representative Office in the Privolzhsky Federal district, the Ministry of Healthcare of the Republic of Mordovia, the State scientific center of preventive medicine, N.P. Ogarev Mordovia State University, and Mordovian Republican Society of Internal Medicine, and the foundation for advancement of cardiology «Cardioprogress». The congress coincided with the 50-year anniversary of the Medical Institute of Mordovia State University.

The academician of the Russian Academy of Sciences (RAS) R.G. Oganov, the vice-rector in scientific work of Mordovia State University P.V. Senin, and the head of the Medical Institute and RAS corresponding member L.A. Balykova welcomed participants during the opening ceremony.

The head of treatment and preventive care department of the Ministry of Healthcare of the Republic of Mordovia N.P. Kulkova welcomed congress' participants about principal goals that medical community of the republic and medical universities face and about efficacy of the republican measures aiming to reduce mortality from cardiovascular diseases and other socially significant disorders.

The main conference topics were concentrated on medical support of athletes and on prevention of non-infectious diseases. The questions of modernization of diagnostics and treatment of patients in the field of cardiology and internal medicine together with highlighted role of comorbid pathology and prevention of risk factors were discussed during numerous lectures, interdisciplinary meetings and clinical presentations focused on healthcare needs and prepared with integration of medical science and clinical practice.

More than 500 doctors from the Republic of Mordovia and other regions of Russia (Moscow, Saint Petersburg, Nizhnii Novgorod, Ulyanovsk, Kazan, Penza, Ryazan) and from Kazakhstan (Aktobe).

Two-day scientific program included more than 30 scientific presentations and lectures from the leading experts of the Russian Federation. Scientific program included problems of sports medicine, gastroenterology, hepatology, nephrology, pulmonology, prevention of chronic non-infectious diseases, comorbidity of somatic pathology and cardiorehabilitation. Clinical lectures of the leading professors (R.G. Oganov, L.A. Balykova, G.A. Baryshnikova, E.V. Kolpakov, A.M. Shutov, D.I. Sadykova, S.V. Dudarenko, A.N. Maksudova, O.N. Sisina, and others) dedicated to important topic of modern cardiology aroused a high interest.

Traditionally, the conference included a scientific meeting for young researchers from different countries. Their presentations were dedicated to the problems of cardiology, gastroenterology, endocrinology and immunopathology of cancer. Conference chairmen highlighted high level of all presentations. Winners received certificates. For the first time the scientific program included the «Nursing in internal medicine» section that gathered interesting participants from Saransk, Saint Petersburg, Nizhnii Novgorod, Astrakhan and Penza.

Collection of scientific works was published in supplementary materials of «Cardiovascular therapy and prevention» journal. Collection of scientific works is available at the website of the «Cardioprogess» foundation ([www.cardioprogess.ru](http://www.cardioprogess.ru))

The conference was widely covered by regional mass-media, reportages and necessary information were published in profile medical journals and on the website of the Ministry of the Healthcare of the Russian Federation.